

I Just Wanna Shine (Fitz & the Tantrums)

Movement Ideas by Julie

CHORUS

I just wanna shine
Like the sun when it comes up
Run the city from the rooftops
'Cause today is gonna be my day
I just wanna climb
To the top of the mountain
Standing tall when I'm howling
'Cause today's gonna be my
-day's gonna be my -day, day, day, day, day

Jazz hands above head 'sparkling'
Fan arms out like a sunrise
Run on the spot
Point down to the floor
Pretend to climb on the spot
Hands peaked above head like a roof
Stand straight, hands like a megaphone
Point down to floor
DJay – one hand to ear, other play pretend turn table

Verse 1

Goodnight stress, I'll see you in the morning,
I don't gotta guess, you're always there for me
Sowing them seeds of doubt
I think you like seeing me freak out
Goodnight stress, I'll see you in the morning

March for 3 beats, clap for 1 – repeat 8x
(if room, they can march forward & back 3 steps)

Flop over – touch toes

Verse 2

So I wake up
I get out of my bed, and stay up
Stay out of my head
'Cause it's dangerous
And I don't wanna lose my mind, no

Stand back up
Hands come up beside shoulders (rag doll style)
Hands to ears (like a sit up)
Wave action with hands still on head

CHORUS – same actions as before

Instrumental

Turn on the spot for 8 beats – then change directions and turn for 8 beats

Verse 3

I used to lay low, hiding in the shadows
So don't give me dark days, I already had those
I'm just tryna figure out how to be myself right now
I don't wanna lay low, hiding in the shadows

March for 3 beats, clap for 1 – repeat 8x

Verse 2 – same actions as before

CHORUS

Instrumental

Verse 2

CHORUS

Instrumental